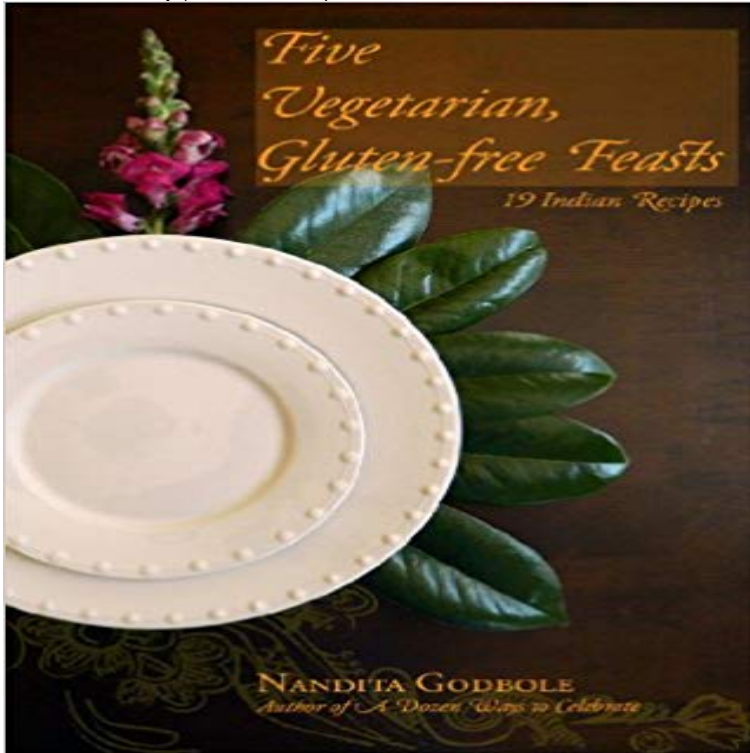


Five Vegetarian, Gluten-free Feasts: 19 Indian Recipes



Five Vegetarian, Gluten-free Feasts is a collection of 19 dishes grouped into 5 Indian themed menus. Each one of these recipes is both decadent and easy to assemble. This book presents unique alternatives for a festive dinner table - for five or fifteen. Recipes Included: Summer Party / Feast One: Yellow Moon (A Pineapple salad), Paneer Pineapple & Vegetable Jalfraize, Cashew Squash Daal, Jeera Pulao (cal. per serving: 440) Coastal Inspired / Feast Two: Sago & Potato Fritters, Green Mango & Coconut Chutney, Waley Bhaat Edemame & Coconut Rice, Coconut-Mango Fudge (cal. per serving: 690) Dosa Party / Feast Three: Dosa, Kokum-Ginger Fizz, Peas & Potatoes, Lime Rice (cal. per serving: 430) Nawabi Feast / Feast Four: Fig & Tulsi Lassi, Paneer & Fennel Stuffed Tomatoes, Navrattan Pulao (cal. per serving: 710) Crepe Escape / Feast Five: Masala Chai, Besan Poora, Adai (cal. per serving: 640) About the author: Nandita Godbole is the chef and creative force behind the acclaimed underground supper club Curry Cravings. As a third generation cook and passionate advocate for the Indian cuisine, Nandita continues to build her distinctive identity by simplifying and updating traditional Indian recipes to create unique, healthy, delicious and well balanced meals. She does not believe that the Indian cuisine should be represented by numbered selections on back-lit signs or in laminated menus. Instead, her approach to cooking Indian food provides a window into the rich diversity, adaptability and accessibility of authentic Indian food. She attempts to shatter through the stereotypical selections of ethnic cookbooks with her two groundbreaking eBooks The Family Feast and Five Vegetarian, Gluten-free Feasts that provide a cohesive sampling from a larger volume, A Dozen Ways to Celebrate, whose second edition will be available in Fall of 2014. A Dozen Ways to

Celebrate, includes more than 100 recipes through 12 elaborate menus, originally presented at one of Curry Cravings secret supper club dinners.

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