

## How to prevent & reverse 100 diseases the new French way with Dr. Seignalets diet miracle: Obesity - Arthritis -Migraines - Depression -MS -Crohns - ... Fibromyalgia - Acne - Psoriasis - Lupus etc.

**How to prevent & reverse**  
**100 diseases**  
the new French way  
with **Dr. Seignalet's**  
**diet miracle**

**Obesity / Arthritis / Migraines / Depression**  
**/ MS / Crohn's / Diabetes / Fibromyalgia /**  
**Acne / Psoriasis / Lupus etc.**

**1,631 complete remissions for 2,565 patients with**  
**115 different, so called, "incurable" illnesses!**  
**2,565 patients over 20 years: over 2,300 improved**

- Complete scientific explanation of how & why it works
- The three "types" of degenerative aka chronic disease
- Complete and detailed results tables for all diseases
- Explained: how long before you see results ?
- Reasons for less than 100% remissions
- How you can REVERSE your auto-immune disease
- **What to eat and what to avoid; a balanced and nutritious regime**
- **With many easy to prepare & delicious recipes**
- **Shopping, cooking & preparation tips**

Fine tune your Paleo/Primal/Raw/Weston Price/GAPS/SCD/Metabolic Typing/Food Combining/Medicinal Chef/Okinawa/Macrobiotic etc. diet with Dr. Seignalet's unique blend of advanced medical science and 20 years clinical trials with detailed patient histories.



*French Amazon "Healthy Eating" Best Seller now translated*

By Anne Seignalet and Dr. Dominique Seignalet  
(based on "L'Alimentation ou la Troisième Médecine"  
by Dr. Jean Seignalet)  
Translated by Chris Parkinson

How to eat for health and for pleasure This French Amazon healthy eating guide bestseller (dozens of 4 & 5 stars) based on 20 years of clinical trials by a leading French doctor shows how to prevent and reverse over 100 so called incurable diseases, including all the autoimmune diseases, using a delicious eating plan. (Contains menu plans and recipes).

Alzheimers Arthritis (all types) AS  
Asthma Bronchitis Cancer Cirrhosis  
Colitis (all types) Conjunctivits Crohns  
Depression Diabetes 2 Eczema ENT  
infections Fibromyalgia Gastritis 2 GERD  
Hashimotos Hay Fever Heart Disease  
Hepatitis Hives IBS Lupus Migraines  
Multiple sclerosis Parkinsons Psoriasis (all  
types) Rheumatism (all types) Rhinitis  
Sinusitis Sjogrens Spasmophilia Ulcers  
Uvetitis A selection of the over 100  
diseases which were treated in 2,565  
patients. 2,300 patients improved and in  
most cases went into complete remission.  
In this simplified guide to Dr. Seignalets  
(pronounced Saynyalay ) original  
scientific text book, his daughters explain  
in laymans terms why these frightening, so  
called incurable diseases have one thing in  
common, caused by our modern diet. A  
pioneer in organ transplant  
biocompatibility, Dr. Seignalet used his  
knowledge of many different medical and  
biological specialist fields, especially  
genetics, to identify the factors, (genetic,  
viral, bacteriological, oral health etc. etc.)  
involved in each disease. Leaky gut was  
the common factor. Once Dr. Seignalet  
had understood this, he could work out  
how and why certain foods in our diet were  
causing it. Remove them from the diet and  
the disease often disappears along with the  
symptoms. Why is Seignalet 100%  
reliable? Gerson, Paleo, Primal, Raw,  
Weston-Price, Specific Carbohydrate diet  
(SCD), GAPS, Metabolic Typing, Swank,  
Food Combining, Macrobiotic, Medicinal  
chef will all improve health. But like Dr.

Gerson, Dr. Seignalet carefully observed his patients in a clinical setting and watched the effects of his dietary modifications over 20 years and made meticulous notes. Vibrant health is your birthright, this book will help you reclaim it. A lifetime of pain and drug dependency are not inevitable. This book shows how to follow this delicious way of eating, that Dr. Seignalet called hypotoxic. After a period of elimination and detoxification, your health will improve, allowing your doctor to reduce your medication or even taper it off altogether and you can finally be free of the harmful side effects. Lose weight, look fabulous, improve your athletic performance. Look fabulous? More energy? If you already do, this book can make you look even more fabulous! Lose weight? Following this regime will allow you to lose weight slowly but surely without the draconian restrictions on portion size or calories imposed by so called slimming diets. Mental poise and physical abilities will improve. Seignalet reported that high level athletes greatly improved their performance using the diet and many modern day athletes follow it. The diet combats high cholesterol and prevents ageing, osteoarthritis, osteoporosis and cancers. Dr. Seignalet's patients had a fraction of the deaths from cancer and heart disease that statistics from the general population would have predicted and remember that these were patients who all started off with some disease or other. You should be aware that the diet is not a total cure and you must stay on it to maintain remission. So your new life starts now with this new way of eating. Scroll up, click the buy button and start today!

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