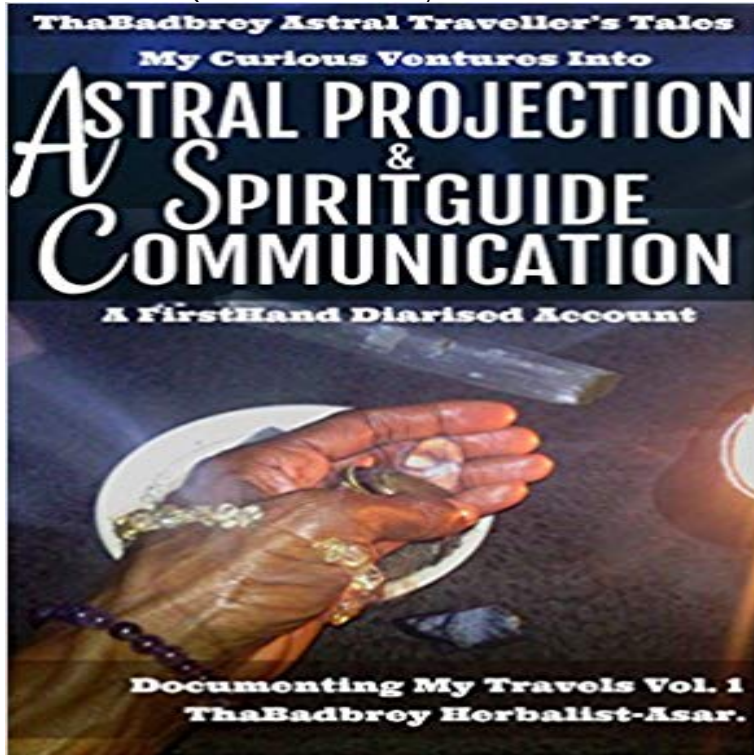


# Astral Projection & Spirit Guide Communication: A FirstHand Diarised Account (ThaBadbrey Astral Travellers Tales Book 1)



Why I Wrote This Book This book is meant to be more of a Comprehensive Study and/or a Spiritual Self/Help Aid or Technical Manual of sorts, rather than a story book detailing my Weird & Wonderful Spiritual Adventures. I give extremely detailed accounts of my experiences with Astral Projection & SpiritGuide Communication, while also making the effort to ensure that I included, within the text, any useful methods and/or techniques that can also be adopted by you the reader. Put another way, for added emphasis; Although each experiential recorded description of each OBE is purposely written in such a way, as to allow the reader to be able to deduce the techniques utilised therein, and thus adopt and/or adapt them for their own personal needs, I tried to highlight and expand upon any further technical points that may not have been immediately obvious within the descriptive explanation of the experience in question, whenever and wherever I felt the need to do so. I Hope you Enjoy Reading!

Summary / Synopsis This is a rather curiously interesting and incredibly detailed account, of a personal journey into the study of Astral Projection & Spirit Guide Communication. The story told from the narrative point of view of the author, is a well written piece of literature full of eloquently charismatic descriptions, as well as witty wordplay and remarks, pertaining to the often hilarious numerous interactive Spirit Guide Communications, that seem to be an integral part of this whole entire journey. The descriptive text chosen to present this story, has an uncanny ability to perfectly capture the true essence of each deceptively auspicious Spiritual Encounter, while simultaneously providing the reader with the ability to adopt and/or adapt, any of the described techniques that may also be of some assistance to the progression of their own personal Spiritual Journey into achieving Astral Projection themselves.

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