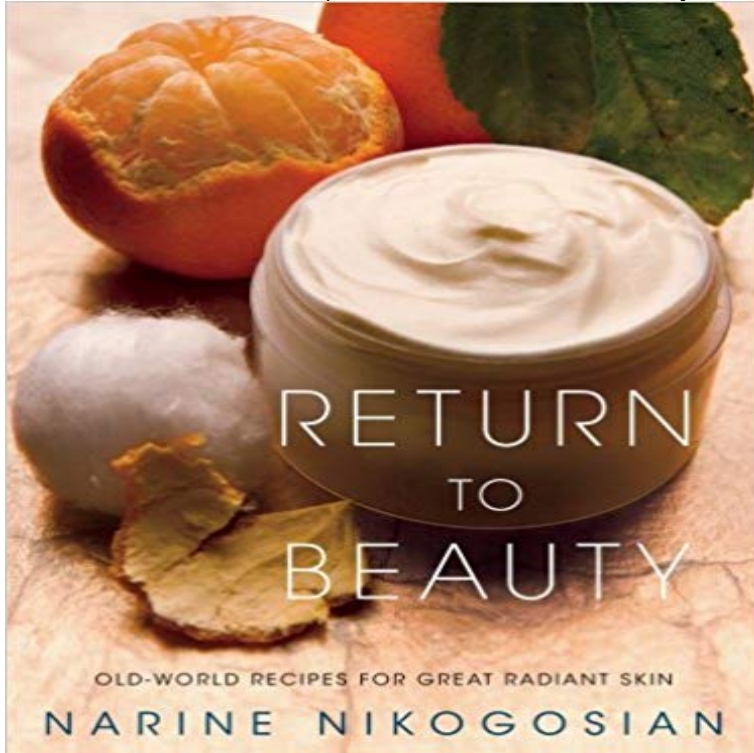


Return to Beauty: Old-World Recipes for Great Radiant Skin



Return to Beauty offers regimens made from fresh ingredients that can be found right in your kitchen. With recipes for winter, spring, summer, and fall, you can look beautiful throughout the year. Narine Nikogosian's natural and inexpensive products can be whipped up in less than ten minutes. Have a jar of honey in your pantry? Mix it with a few crushed walnuts to create a sensual, aromatic scrub for oily skin. Use dabs of cottage cheese to lighten undereye circles, or almond oil to rehydrate cracked lips. Narine also provides recipes based on astrological signs, such as for Scorpio, a Gracious Grapefruit Mask made of grapefruit, egg yolk, and soothing honey to rejuvenate your skin even after a late night. Narine is from a long line of Armenian women who have been harnessing the powers of nature to create everlasting beauty. For the first time, she reveals her secrets so that you can have star-worthy skin.

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