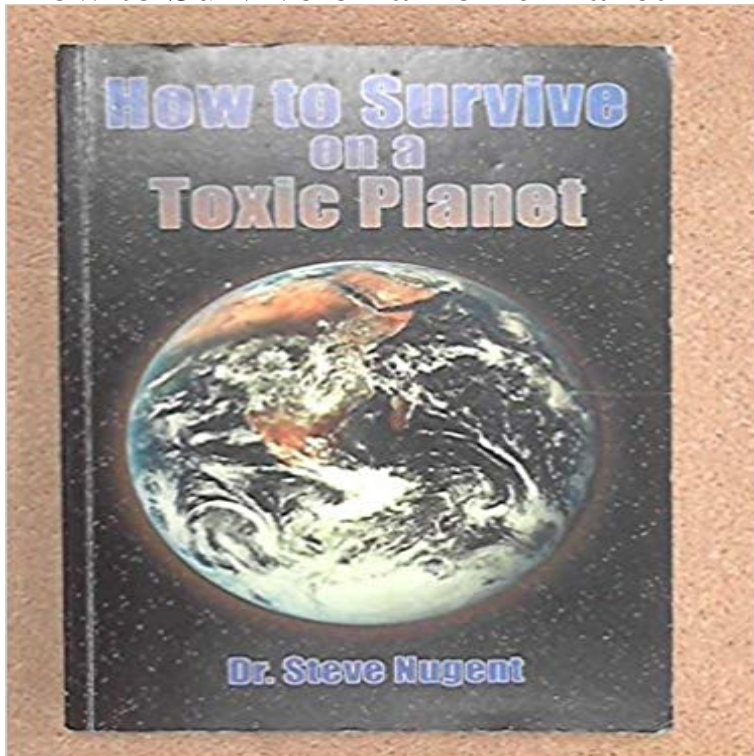


How to Survive on a Toxic Planet



Includes Color Maps, Charts and OVER 50% More Information than the first Edition. Dr. Steve Nugent is an internationally known expert in the therapeutic use of dietary supplements and a leading researcher in the connections between environmental toxins and diseases. He had one of the most successful complementary medicine practices in North America where patients came to see him from around the world. His patient waiting list was rarely less than a year long. During those years he tested more than 6,000 dietary supplements. Thousands of doctors have relied on his advice in this area. Since 1977, he has educated health care professionals and the public in many countries. He is the author of Nugents Physicians Desk Reference for Applied Clinical Nutrition used by thousands of doctors worldwide. In 1989 his teachings turned exclusively toward the environment and human health. In 1998, he retired from practice to dedicate all his energies to delivering the vitally important message in this book. Through radio, television, tapes, his writings and his lectures, he has reached millions with this message. His exceptional communication skills have made him enormously popular with audiences around the world. This book is Dr. Nugents culmination of years of experience and research. You will learn scientific facts, worldwide statistics, and the latest information on breakthrough dietary supplements. You will also find basic tips that will teach you How to Survive on a Toxic Planet.

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