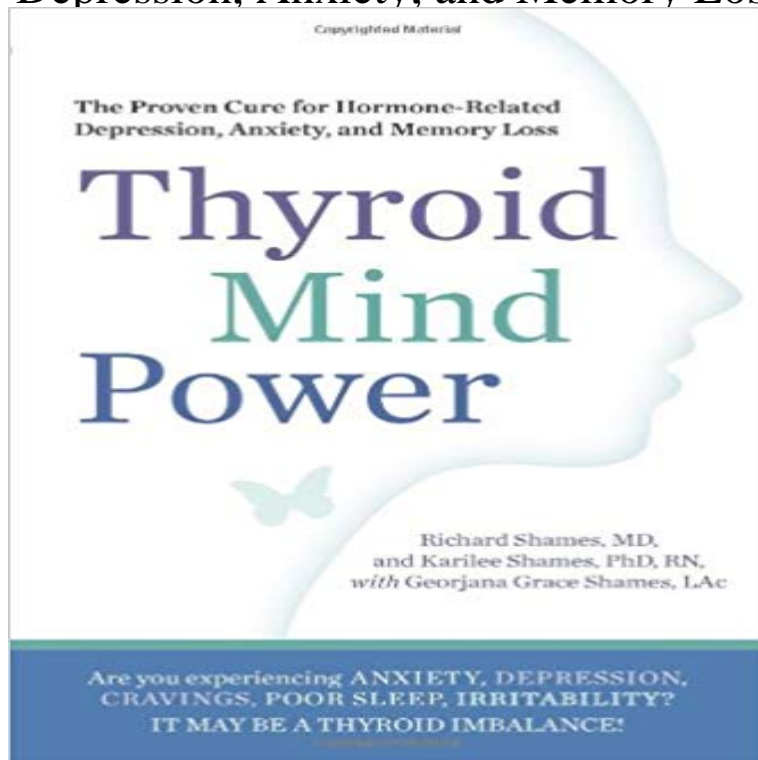


# Thyroid Mind Power: The Proven Cure for Hormone-Related Depression, Anxiety, and Memory Loss



One in ten Americans has some degree of thyroid imbalance, and even mild imbalances can cause mental and emotional symptoms. Thyroid Mind Power pinpoints the connection between thyroid imbalance and conditions such as depression, anxiety, irritability, and more, offering hope for millions who are suffering from improper diagnosis and medication. The authors of the best-selling Thyroid Power, Richard Shames, MD, and his wife, Karilee, a holistic nurse, have been treating patients with this program for over 25 years. Their program shows readers how to: -Uncover a hidden cause for mental symptoms -Discover the best treatments for each Mind type, such as moody, edgy, foggy, or sleepy -Obtain the most effective cure, with recommendations for common prescription drugs (not antidepressants), natural remedies, vitamins, and supplements Armed with the Shameses advice and recommendations, readers will be able to participate more actively in their health care and find relief for these common and widespread conditions.

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